



The Satcher Health Leadership Institute



NFL PLAYERS  
ASSOCIATION

# NFL Community Huddle: Taking a Goal Line Stand for Your Mind & Body



**7pm Wednesday**  
**May 4, 2011**

Westin Crown Center

1 East Pershing Road

Kansas City, MO 64108

**This event is Free and Open to the Public!**

**Light Refreshments will be Served**

<http://shli.msm.edu/NFL>



Developing a Game Plan for Mental Health in Our Communities

# NFL Community Huddle: Taking a Goal Line Stand for Your Mind & Body



**7P**

## Welcome and Introductions

Ayanna Buckner, M.D., M.P.H. – Moderator

## Framing the Issue

David Satcher, M.D., Ph.D. – Convener

**7:30P**

## Personal Experience

Mark Kelso – Retired NFL Player, Buffalo Bills

Sylvia Mackey – Wife of Retired NFL HOF player John Mackey

Eric Hipple – Retired NFL Player, Detroit Lions

**8P**

## Open Audience Discussion

Ayanna Buckner, M.D., M.P.H. – Moderator

**8:50P**

## A Call to Action

David Satcher, M.D., Ph.D. – Convener

**9P**

## Conclusion





**David Satcher**, M.D., Ph.D. is the director of the Satcher Health Leadership Institute and the Center of Excellence on Health Disparities at Morehouse School of Medicine. He served as the 16th Surgeon General of the United States from 1998-2002. From 1993 to 1998, Dr. Satcher served as Director of the Centers for Disease Control and Prevention and Administrator of the Agency for Toxic Substances and Disease Registry. As Surgeon General and Assistant Secretary for Health, Dr. Satcher released Surgeon General's reports on tobacco and health, mental health, suicide prevention, oral health, sexual health and responsible sexual behavior, youth violence prevention and overweight and obesity. Dr. Satcher graduated from Morehouse College in Atlanta in 1963 and received his M.D. and Ph.D. from Case Western Reserve University in 1970.



**Ayanna V. Buckner** M.D., M.P.H. is the Clinical Director of the Department of Community Health and Preventive Medicine at Morehouse School of Medicine and serves as Associate Director of its Public Health and Preventive Medicine Residency Program. Dr. Buckner is a fellow of the American College of Preventive Medicine. A native of New Orleans, Louisiana, Dr. Buckner formerly served as director of the Regional Coordinating Center for Hurricane Response, which assisted in rebuilding the public health infrastructure and addressing mental health disparities in the U.S. Gulf Region after Hurricanes Katrina and Rita.



**Eric Hipple** is a former NFL quarterback whose 10-year career was spent with the Detroit Lions. Hipple's accomplishments include two playoff bids, a divisional championship, and NFL MVP for the season. From 1995-2000 Hipple hosted the NFL pre-game show in Detroit. Since his 15-year-old son Jeff's suicide, Hipple has devoted his life to building awareness and breaking down the stigma surrounding depressive illnesses. Hipple recently received the prestigious 2008 Lifetime Achievement award given by the American Foundation for Suicide Prevention. He also received a presidential citation at the American Psychological Association's 2006 Annual Convention for his six years of national community-based work combating adolescent depression and suicide prevention. Hipple currently serves as an outreach coordinator for the University of Michigan Depression Center.



**Mark Kelso** graduated from the College of William & Mary and played in the NFL for the Buffalo Bills from 1986-1993, including four consecutive Super Bowl appearances. Kelso was well-known for wearing a "pro cap" on his helmet to reduce the risk of concussions. A former 5th grade teacher at East Aurora Middle School in New York, Kelso currently serves as the color commentator for Buffalo Bills radio broadcasts and is the Development Director and varsity football defensive coordinator at Saint Mary's High School in Lancaster, New York, as well a local baseball coach.



**Sylvia Mackey** married her husband John in 1963. While John was playing for the Baltimore Colts, Sylvia worked as a bi-lingual secretary for the World Bank and as a linguist for the National Security Agency. After nine seasons in Baltimore, John completed his tenth and final year in the NFL with the Chargers. In 1998 Sylvia began a new career as a flight attendant with United Airlines which provided her and John with a steady income and health insurance. In December, 2001, John was diagnosed with Frontal Temporal Dementia and Sylvia finally had answers concerning his recent strange behavior. Sylvia moved their family back to Baltimore because she knew the city would be kind to John. In 2006, Sylvia asked the NFL for help, knowing this disease could lead her to financial ruin. Her plea turned into the "88 Plan," named after John's Baltimore Colts jersey number.



## National Resources

**National Alliance on Mental Illness**  
<http://www.nami.org>

**Mental Health America**  
<http://www.nmha.org>

**American Psychiatric Association**  
<http://www.healthyminds.org>

**Substance Abuse & Mental Health Services Administration**  
<http://www.samhsa.gov>

**American Foundation for Suicide Prevention**  
<http://www.afsp.org>

**National Network of Depression Centers**  
<http://nndc.org>

## Kansas City Resources

**NAMI of Greater Kansas City**  
Main: (816) 931-0030  
<http://www.kcnami.org>

**Mental Health America of the Heartland**  
(913) 281-2221  
<http://www.mhah.org>

**Brain Injury Association of Kansas & Greater Kansas City**  
(913) 754-8883  
<http://biaks.org>

**MidAmerica Neuroscience Institute**  
(913) 894-1500  
<http://www.neurokc.com>

**Midwest Sports Medicine Physicians**  
(816) 795-8200  
<http://www.m-asportsmd.ehcmd.com>

*The Satcher Health Leadership Institute at Morehouse School of Medicine has teamed up with the National Football League to provide a series of town hall style forums to educate, motivate and mobilize communities to address issues such as dementia, depression, financial and relationship stress, drug and alcohol abuse, among others. Communities will create a “game plan” for reducing stigma while influencing supportive measures to addressing mental disorders.*

*Ultimately, our goal is to develop strategies for preventing and reducing the risk of dementia and stigma related to mental disorders.*

[www.satcherhealthleadershipinstitute.org](http://www.satcherhealthleadershipinstitute.org)

