

# SKILLS COMPETITION

## Rules & Regulations



- Players can participate in one individual shooting competition each. Coaches will sign-up players on their Skills Competition Entry Form and submit on Saturday.
- Shooting Contest Tie-breaker: In case of a tie, the participant that reaches the number of successful shots in the shortest number of attempts will be declared the winner. Example: 2 participants tie with 8 successful FT's. Player #1's 8<sup>th</sup> successful FT was on the 8<sup>th</sup> attempt, while Player #2's 8<sup>th</sup> successful FT occurred on the 9<sup>th</sup> attempt. Player #1 would be declared the winner.

# 3

### *Team 3-Point Shootout*

- Each TEAM will be required to make 30 3-point shots.
- Teams will be timed for the duration that it takes the entire team to make 30 3-point shots
  - Players will be divided by grade of team and gender

# FT

### *Individual Free Throw Shootout*

- Each player is given 10 free throw attempts.
- Most made attempts wins
- Players will be divided by grade of team and gender



### *Timed Spot Shot Competition*

- Total of 5 spots marked on the floor.
- Each player will be timed on the amount of time that it takes to make a shot at each location

***Saturday - 10 am—8 pm***  
***@ Robinson Center Ct. 5***