

# **Mizuno Softball Series Skills Competition**

**The skills competition for the entire day, please plan for your team to participate as a group to compete all of these contests. We ask that you complete the supplied form and bring it with your team to the Skills Competition.**

**LOCATION AND TIME:** Saturday, May 1

10 & Under  
12U/14U

Mid America West  
Blue Valley Rec

10 am - 4:30 pm  
10 am - 7 pm

Field 21  
Grassy Area North of Main  
Concession Stand

## **HOMERUN CONTEST**

There may be a max of 3 participants from each team in this contest. Each participant will receive 10 swings off of a pitching machine. The top 2 finishers from the competition will receive awards. In case of a tie, the participant that reaches the number of successful HR's in the shortest number of attempts will be declared the winner. Example: 2 participants tie with 4 successful HR's. Player #1's 4<sup>th</sup> successful HR was on her 6<sup>th</sup> attempt, while Player #2's 4<sup>th</sup> successful HR occurred on her 9<sup>th</sup> attempt, and then Player #1 would be declared the winner.

## **PITCHING VELOCITY DRILL**

There may be a max of 3 participants from each team in this contest. Each participant will receive 1 warm-up toss, and then 3 clocked pitches. The players with the top 2 speeds will receive awards. In case of a tie, the 2<sup>nd</sup> fastest speed will be used, and so on back to the 3<sup>rd</sup> speed to determine a winner.

## **BASERUNNING RELAY**

4 members from each team will participate in this timed relay. Runner #1 will go home to home and after she crosses home plate runner #2 will take off, then so on until runner #4 goes home to home. The top 2 teams in this relay will win awards.

## **THROWING – STAR DRILL**

5 members from each team will participate in this timed throwing drill. Each player will be located near a marked position on the field to resemble their starting position. The ball starts at the catcher. Catcher throws to the Shortstop, the Shortstop throws to 1B, the 1B to the 3B, the 3B to the 2B, and 2B to the Catcher. Each team will get two timed opportunities. The top 2 teams per age group will win awards.

***This skills competition is to provide a fun atmosphere for the players to interact with teammates and other teams in a relaxed atmosphere of competition and fun. Please be aware that negative behavior from parents or coaches will not be tolerated in any way, shape, or form.***